



# **RHYTHMIC GYMNASTICS**

## **Report + Accounts**

**For the year ending 31 October 2018**

## Annual General Meeting Report 2019

Discipline	<b>Rhythmic</b>
Prepared By:	<b>Monika Vedrichkova</b>

### Highlights for previous year (Since June 2018)

*As used in this document the pronoun "we" refers to the London Rhythmic Gymnastics Technical Committee.*

#### Competitions

We have successfully organised three London Championships (July 18, December 18 and March 19). We have:

- Produced a thoughtful apparatus allocation per age category aligned with British Gymnastics Events to be used as a platform for further development.
- RG London Championships have included all NDP Levels and Level 0 has been added to younger age categories to bolster participation by recreational gymnasts training 2-4 hours per week.
- **Negotiated pricing and secured a new venue, Redbridge, with agreed storage for equipment to host five future competitions (Nov 2019, Feb/Mar/July/Nov 2020). Redbridge has higher ceilings to accommodate the height requirement for Junior and Senior gymnasts.**
- **Introduced the Disabilities program to London Championship events.**
- **Agreed to include Group routines in all future events.**

#### British and NDP Qualifications:

In 2018 the clubs from London Regions have produced:

- 65 qualified gymnasts for NDP Finals (in comparison to 44 in 2018)  
**Gymnasts from London Region represent 45% of the total qualified gymnasts for NDP Finals.**
- 22 qualified gymnasts for British Championship (in comparison to 16 in 2018).  
**Gymnasts from London Region represent 43% of the total qualified gymnasts for British Championship.**

#### Technology

Further enhancements to the system have been made by our request to accommodate changes introduced by BG (i.e. execution score starting from 20 for lower level gymnasts). We worked in close partnership with a technical solution provider to accommodate and enhance the technology that maintains competition workflow, including score calculation, presentation of the results and various measures to eliminate undesired delays.

#### Regional Squad and Gymnasts Development

- Espoir and pre-Espoir Squad has been selected based on the 4<sup>th</sup> London Championship and Regional Grades competition results.
- **We successfully organised the first London Squad Training Camp on 26<sup>th</sup>/27<sup>th</sup> May 2019 with extremely positive feedback from all participants.** Silviya Miteva (London 2012 Olympic finalist, Brevet II Judge and FIG Level 3 coach) was the Head Coach at the camp. Suzanne Haslam (British Gymnastics Ballet Adviser) was the Ballet Adviser at the camp.

#### Coaches and Judges Education

- We continue working with BG representatives and new Venue Managers to assist in organising judging and coaching courses in the region.
- We believe that the planned 2019 -2020 regional squad framework presents a great opportunity to our regional coaches to work with high performance colleagues enhancing the level of coaching in the region.
- **We have shared the feedback received from the British Gymnastics Aspire Camp (May 2019) to our regional coaches and fully aligned our objectives with the British Gymnastics national framework.**

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## Concerns

- We are currently seeking sponsors to purchase equipment (i.e. carpets), which will be stored at Redbridge.

## Looking Forwards:

### Future London Championships:

- 13/14 July 2019
- 16/17 November 2019
- 29 Feb – 1 March 2020 (*provisional booking, dates TBC once BG 2020 calendar is out*)
- 11/12 July 2020 (*provisional booking, dates TBC once BG 2020 calendar is out*)
- 14/15 Nov 2020 (*provisional booking, dates TBC once BG 2020 calendar is out*)

### Regional Grades 2020

- It has been agreed by all clubs in Zone A that 2020 Regional Grades will take place in London.

### London Squad Camps:

- 31 Aug/1 Sep 2019 (Lead by Maria Gateva and Suzanne Haslam)
- October 2019
- February 2020
- April 2020
- May 2020

### Judging Symposium

- October 2019 (TBC)



## **LONDON GYMNASTICS - RHYTHMIC GYMNASTICS**

### **INCOME & EXPENDITURE ACCOUNT FROM 1ST JANUARY TO 31ST OCTOBER 2018**

	<b>Oct-18</b>	<b>Dec-17</b>
	<b>£</b>	<b>£</b>
<b>Income</b>		
Competition entry fees	9,045.00	2,688.84
Competition spectator fees	5,820.60	1,839.80
Photographer commission	450.00	-
<b>Total Income</b>	<b><u>15,315.60</u></b>	<b><u>4,528.64</u></b>
<b>Expenditure</b>		
Venue hire for competitions	4,635.00	1,483.38
Medals/cups for competitions	1,558.15	1,115.28
Other competition expenses	4,499.01	656.43
Judges expenses	752.25	881.91
Judge course grants	-	150.00
BG payment processing commission	265.95	-
Misc expenses	-	338.43
<b>Total Expenditure</b>	<b><u>11,710.36</u></b>	<b><u>4,625.43</u></b>
<b>SURPLUS / (DEFICIT)</b>	<b><u>3,605.24</u></b>	<b><u>(96.79)</u></b>
<b>B/F Balance at 01/01/18</b>	<b><u>11,489.46</u></b>	<b><u>11,586.25</u></b>
<b>surplus / (deficit)</b>	<b><u>3,605.24</u></b>	<b><u>(96.79)</u></b>
<b>C/F balance at 31/10/18</b>	<b>15,094.70</b>	<b>11,489.46</b>

**Alina Sales 16/02/2019**

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## TC BUDGET & PLANNING 2019

TECHNICAL COMMITTEE:	<b>Rhythmic Gymnastics</b>
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CHAIRMAN:	<b>Monika Vedrichkova</b>
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LG STRATEGIC PRIORITIES: 2017- 2020	<ul style="list-style-type: none"><li>➤ <b>OPERATIONAL FRAMEWORK:</b> Create a professional and accountable operational framework to support the effective delivery of the sport in London</li><li>➤ <b>PERFORMANCE &amp; OPPORTUNITY:</b> Deliver an inclusive range of programmes to support all levels of ability &amp; aspiration.</li><li>➤ <b>REGIONAL IDENTITY:</b> Maintain a strong regional identity which unifies the gymnastics community in London</li><li>➤ <b>SUPPORT NETWORK:</b> Create a professional support network to underpin the effective development of gymnastics in London</li></ul>
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## TC BUDGET & PLANNING 2019

	Objective:	Action planned:	Cost / budget :	Timescale:	Evaluation:
Events	<p>London Rhythmic Gymnastics Championships organised three times per year with key objectives</p> <ul style="list-style-type: none"> <li>To provide Level 0,1 &amp; 2 gymnasts with local competitions</li> <li>To provide Level 3,4 &amp; 5 with practice competitions before national finals</li> <li>To provide opportunities for disabled gymnasts</li> <li>Ro kick off the programme for groups in the region</li> </ul>	<ul style="list-style-type: none"> <li>Dates in Redbridge Sports Centre agreed for the next 5 events (2019 – 2020)</li> <li>New competition organiser appointed</li> <li>On-going work on finding sponsors for purchasing equipment and presents for gymnasts</li> </ul>	£10,000 per event	Every 3 months	
Disabilities	Disabilities framework already included in London Rhythmic Gymnastics Championships				
Gymnasts	Create a regional programme to advance skills for pre-espoir and Espoire gymnasts to support their development and assist their progression through the National Development Programme	<ul style="list-style-type: none"> <li>London squad selected</li> <li>Three-four regional camps organised per year with high performance coaches</li> </ul>	£1,500 - £2,000 per camp	Every 3 months	
Coaches	Coach education framework already included in London Regional Squad Programme				

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## TC BUDGET & PLANNING 2019

	Objective:	Action planned:	Cost / budget :	Timescale:	Evaluation:
Judges	To upgrade skills for all judges via symposiums and courses	<ul style="list-style-type: none"><li>• Work closely with BG and assist with finding low cost venues in London to organize both judge and coaching courses</li><li>• Organise judge symposium every September with a Brevet judge to enhance judge knowledge in support of the BG education programme.</li></ul>	£500 - £800 per symposium	Every year	
Special Projects	Find sponsor for London Squad and purchasing of equipment	<ul style="list-style-type: none"><li>• Applied for funding via London Gymnastics, Sport England etc</li><li>• Speak with local businesses to apply for small grants for London squad and regional events.</li></ul>	Amount required for equipment (one off) £23,000		